Lenten regulations for the Diocese of Baton Rouge

As per the Pagella Policies of the Diocese of Baton Rouge, as in the rest of the church in the United States, Catholics aged 18 through 59 are bound by a grave obligation to observe a solemn fast on Ash Wednesday and Good Friday. Catholics aged 14 and up are to abstain from meat on Ash Wednesday, all Fridays of Lent and Good Friday as well. These norms have been established by the U.S. Conference of Catholic Bishops in accord with the norms of canons 1249-1253 in the revised Code of Canon Law of 1983.

To fast means to consume only one full meal a day at most, although taking of other smaller quantities of food at the other customary mealtimes is permitted. Food and drink “between meals” (excepting only water and medicine) is not permitted on fast days.

To abstain from meat means refraining from eating beef, veal, pork or poultry at least, although not necessarily eggs, milk products or meat broths, or condiments made from animal fat. The consumption of fish, shellfish and reptiles is permitted if desired.

Beyond the mandatory days listed above, abstinence from meat on every Friday throughout the year which is not a solemnity and fasting on all Lenten weekdays (especially Wednesdays and Fridays), and on Holy Saturday, is strongly recommended to all the faithful.

There always remains, of course, the grave obligation to participate at Holy Mass on all Sundays and days of obligation.

Each in his or her own way, every Christian is bound to do penance by virtue of divine law. Only ill health or some similar situation of urgency excuses. During the Lenten season, Christ Jesus’ own challenges to prayer, fasting and almsgiving are paramount.

Clergy (priests and deacons) who have legitimate residence and active ministry within the Diocese of Baton Rouge have been delegated the power to dispense the faithful of the diocese, in individual cases and for a just reason, from the obligation to observe a particular day of penance, or to commute some or all of its obligations to other pious works. Included in this is the faculty to dispense from the Lenten obligations to fast and abstain from meat. Yet the obligation to do some kind of penance remains a serious one, and will not be taken lightly by a good Catholic.
Lenten fundraisers throughout the Diocese of Baton Rouge

**FEBRUARY 16**

**Fish/Shrimp Stew Dinner**
Fr. Van Baast Ct. 23, KPC Ladies Auxiliary
St. Benedict the Moor Center
5479 Hwy. 1, Napoleonville
11:00 a.m. – 1:00 p.m.
$8 plate
Jerry Williams 985-513-2528

**FEBRUARY 16, 23, MARCH 2, 9**

**Fish Fry**
St. Margaret, Queen of Scotland Church, Albany
30300 Catholic Hall Rd., Hammond
4:00 – 6:30 p.m.
$8 plate includes fried fish, potato salad, coleslaw, bread, dessert
Mary E. Herbert 225-567-3573

**FEBRUARY 16, 23, MARCH 2, 9, 16**

**KC Seafood Suppers**
KC Hall
679 N. Jefferson Ave., Port Allen
5:30 – 7:00 p.m.
$7 plate includes fried fish, potato salad, bread and dessert
Adrian Genre 225-387-9667

**FEBRUARY 16, 23, MARCH 2, 9, 16, 23**

**Lenten Suppers**
Immaculate Conception Church
865 Hatchell Lane
Denham Springs
Main Hall (enter Admin. Bldg. – near flagpoles)
5:00 – 7:30 p.m.
$8 (tickets available at the door)
Feb. 16 – Youth Ministry TBA
Feb. 23 – Crawfish etouffee, salad, dessert, bread (sponsored by Catholic Daughters)
March 2 – Fried catfish, potato salad, dessert, bread, (sponsored by KC’s)
March 9 – Shrimp and pasta, dessert, bread (sponsored by RCIA)
March 23 – Men’s Club TBA
For tickets 225-665-5359 or 225-664-6573

**Lenten Dinners**
Most Blessed Sacrament Church
Bishop Ott Center
8033 Baringer Rd., Baton Rouge
5:00 p.m. orders to go
6:00 – 7:30 p.m.
$7 plate fried fish or fried shrimp. Special entrée served weekly.
Chad Rossi 225-413-3553 or rossichad@gmail.com
Visit mbsmensclub.org for weekly special.

**KC Fish Fry**
St. Joseph Church Pavilion
15710 LA Hwy. 16
French Settlement
4:00 – 7:00 p.m.
$8 plate – Pick up orders only
Office 225-698-3110

**Seafood Dinner**
St. Jean Vianney Church
16166 S. Harrell’s Ferry Rd.
Baton Rouge
5:00 – 7:00 p.m.
$8 plate
Church office 225-753-7950

**Lenten Fish Fries**
St. Jude Men’s Club
9150 Highland Rd., Baton Rouge Parish Hall corner of Highland and Gardere Lane
5:00 – 7:00 p.m.
$8 plate includes fish, french fries, salad
Charmaine Biossat
225-753-2431

**KC Fish Fry**
St. Patrick Church
12424 Brogdon Lane
Baton Rouge
5:00 – 7:00 p.m.
$7 includes fried fish, french fries and coleslaw
$9 includes baked tilapia, sweet potato and coleslaw
Church office 225-753-5750

**KC Fish Fry**
Our Lady of Mount Carmel Church
Church Hall
11485 Ferdinand St.
St. Francisville
6:00 p.m.
$8 includes fried or grilled catfish filets, garlic bread, coleslaw, french fries or potato salad, dessert, cold drink

**Lenten Fish Fry**
St. Paul Church
3912 Gus Young Ave.
Baton Rouge
8:00 a.m. – 1:00 p.m.
$9 plate includes fried fish or shrimp, potato salad, green peas, bread, dessert
225-387-9506 to place orders
225-383-3702 to fax orders
Will deliver 5 or more ordered
Parish office 225-383-2537

**FEBRUARY 16, 23, MARCH 2, 9, 16, 23**

**Lenten Fish Fry**
St. Francis Xavier Church
1120 Myrtle St., Baton Rouge
$9 includes fried fish, peas, potato salad, mac & cheese, bread and dessert
7:30 a.m. – 3:00 p.m.
call-in orders
10:30 a.m. – 3:00 p.m.
walk-in orders
Delivery available for orders of 10 or more dinners
Mary Williams 225-333-8866 or church office 225-383-3479 to place orders

**Lenten Meals**
St. Mark Church
42021 Hwy. 621
Gonzales
6:00 p.m.
$10 plate includes fried fish or shrimp, coleslaw, bread, dessert
Cecile Haley 225-647-8461

**FEBRUARY 16, 23, MARCH 9, 16**

**Lenten Fish Fry**
KC Council 6389
St. Rose Parish Center
637 S. St. Germaine
Kirkwood
4:00 – 7:00 p.m.
$8 ticket
Father David 985-392-4420

**Fish Fry**
Knights of Columbus 4387
KC Hall
1701 E. Pecan St., Ponchatoula
 KC Hall
4:00 – 7:00 p.m.
$7 plate includes fried fish, french fries, coleslaw and bread.
Ladies Auxiliary will be selling sweets and drinks

**MARCH 16**

**Seafood Supper**
St. Joseph’s Academy Athletic Department
3080 Kleinert Ave.
Baton Rouge
5:00 – 7:00 p.m.
$10 plate includes seafood etouffee, salad and bread
Meals delivered to cars on Kleinert carpool line
Dorinda Beaumont
225-398-2290
beaumontd@sjabr.org

**MARCH 23**

**KC Seafood Suppers**
Holy Family Parish Hall
368 N. Jefferson Ave., Port Allen
5:30 – 7:00 p.m.
$12 plate includes crawfish bisque, corn maque choux, bread and dessert
Adrian Genre 225-387-9667

**SHRIMP! FRIDAYS IN LENT**
Shrimp Spaghetti and Italian-Style Marinated Shrimp PoBoys

**Anthony’s Italian Deli**
5575 GOVERNMENT ST., JUST WEST OF JEFFERSON HWY.
PHONE ORDERS WELCOME! 225-272-6817 OPEN MON.-SAT. 9:30 - 6:00 PM
Baton Rouge’s only TRUE ITALIAN DELI Since 1978

**March 2**

**Lenten Dinner**
Catholic Daughters
Holy Rosary Parish Center
44450 Hwy. 429
St. Amant
6:30 p.m.
$8 plate
Buy tickets at sacccfishfry.org by March 5
Theresa Jones 225-938-1901

**MARCH 9**

**24th Annual Fish Fry**
St. Aloysius Child Care Center
2025 Stuart Ave.
Baton Rouge
$8 lunch plate ordered on website; 10 or more will be delivered
4:00 p.m. drive thru (by administration building)
5:00 – 8:00 p.m. (in school cafeteria)
$8 dinner plate ordered on website
$10 dinner plate at door
Lunch and dinner tickets are not interchangeable
Plate includes fish, french fries, coleslaw and bread.
Raffle tickets $5
(minimum prize $2500)
Entertainment by DJ, Trixie the Clown & Friends, face painting and balloon twisting in the Parish Hall
Buy tickets at sacccfishfry.org by March 5

**SEE FUNDRAISER PAGE 6**
Spiritual renewal opportunities of the Lenten season

**FEBRUARY 17, 24, MARCH 3, 10, 17, 24**

**Lent Prayer Service**

Most Blessed Sacrament Church
15615 Jefferson Hwy., Baton Rouge
8:00 a.m.
Includes the Divine Mercy Chaplet, rosary, benediction, Communion service
Deacon Don Musso 225-752-6230

**FEBRUARY 18, 19, 20**

**Lenten Parish Mission**

St. Margaret, Queen of Scotland, Albany
30300 Catholic Hall Rd., Hammond
7:00 p.m. Feb. 18
6:00 p.m. Feb. 19 – 20
Mary E. Herbert 225-567-3573

**FEBRUARY 18, 25, MARCH 4, 11, 18, 25, APRIL 15, 22, 29**

**Bible and the Sacrament**

Adult Formation
St. Joseph Church
School library
175 N. 8th St., Ponchatoula
9:30 – 10:30 a.m.
Terri Albert 985-386-3749

**FEBRUARY 19, 26, MARCH 5, 12, 19, 26**

**Lenten Vespers**

Holy Ghost Church
601 N Oak St., Hammond
5:30 p.m.
Includes Chaplet of Divine Mercy, vespers, speakers, soup supper
985-345-3360

**FEBRUARY 19, 28, MARCH 12, 21**

**Lenten Personal Prayer Days**

Rosaryville Spirit Life Center
39003 Rosaryville Rd., Ponchatoula
9:00 a.m. – 3:00 p.m.
835, pre-registration online
Retreatants will be able to use the facilities with a room for rest, lunch, coffee, tea and an opportunity to meet with a spiritual director.
Suzette Callais 225-294-5039
or scallais@oppeace.org
Register catholicretreatcenter.org

**FEBRUARY 20, 27, MARCH 6, 13, 20, 27**

**Mass, Novena, Benediction**

Holy Family Church
474 N. Jefferson Ave., Port Allen
5:00 p.m.
Father Michael Champagne speaker
225-647-5321

**Divine Mercy Novena**

St. Jules Church
7165 Hwy. 1, Belle Rose
6:30 – 7:15 p.m.
225-473-8569

**Divine Mercy Chaplet**

Our Lady of Mercy Church
445 Marquette Ave., Port Allen
5:00 p.m.
Deacon Richard Grant 225-926-1883

**Divine Mercy Mass, Sung Chaplet**

Ascension of Our Lord Church
716 Mississippi St., Donaldsonville
5:15 p.m. reconciliation followed by Mass, chaplet
Dana Schexnayder 225-473-3176

**Divine Mercy Novena**

St. Thomas More Church
11441 Goodwood Blvd, Baton Rouge
Following 6:00 p.m. Mass; Feb. 13 – sung; April 8 – 4:30 p.m. followed by Mass
Parish Office 225-275-3940

**Eucharistic Adoration**

Sacred Heart of Jesus Church
2250 Main St., Baton Rouge
12 – 6:00 p.m.
Clare Coulon 225-387-6671

**Eucharistic Adoration**

St. Anne Church
417 St. Joseph St., Napoleonville
6 – 6:45 p.m.
Cheryl Arbeneaux 985-369-6656

**Eucharistic Adoration**

St. Agnes Church
749 East Blvd., Baton Rouge
After 5:30 p.m. Mass lead by Mary Rosenbloom
Eileen Carroll 225-383-4127

**In the Midst of My Suffering: Salvation Reflection**

St. Agnes Church
749 East Blvd., Baton Rouge
6:30 – 7:30 p.m.
Donations accepted
Eileen Carroll 225-383-4127

**Holy Hour, Reconciliation**

St. Joseph Cathedral
412 North St., Baton Rouge
5:00 – 6:00 p.m.
Office 225-387-5928
office@cathedralbr.org

**Lenten Longings by Small Christian Communities**

601 N. Oak St., Hammond in Annex of Parish Hall
6:30 p.m. – 8:00 p.m.
Call to register by Monday, Feb. 19
Vicky Gaydos 985-345-0514

**FEBRUARY 22, MARCH 1, 8, 15, 22, 29**

**Eucharistic Adoration**

Mater Dolorosa Church
609 Third St., Independence
6:30 p.m. – 8:00 p.m.
Joyce Paille 985-878-9639

**Eucharistic Adoration**

St. Thomas More Church
11441 Goodwood Blvd, Baton Rouge
Following 6:00 p.m. Mass; Feb. 13 – sung; April 8 – 4:30 p.m. followed by Mass
Parish Office 225-275-3940

**Planning a St. Joseph Altar?**

The Catholic Commentator will be publishing a list of St. Joseph Altars in the Diocese of Baton Rouge in our March 2 issue.

The deadline to be included is Feb. 21.

If you would like to submit a listing, include:
• Date and time(s)
• Place of viewing including street address
• Contact name and phone number
and send to email wkoch@diobr.org;
or FAX to 225-336-8710.
The St. Joseph Altar form is on our website thecatholiccommentator.org

THE CATHOLIC COMMENTATOR
Parish Lenten Mission
2250 Main St., Baton Rouge
Sacred Heart of Jesus Church
Jennifer LeJeune 225-336-4463
9:30 – 10:30 a.m.

Marian Hall
Holy Family Church
Marsha A. Dupont 225-687-2402
6:00 p.m.

St. John the Evangelist Church
Mass, Chaplet of Divine Mercy Novena
Church office 225-753-7950
7:00 – 8:00 p.m.

St. Jean Vianney Church
Evening of Prayer
Suzette Callais 225-294-5039

by the Dominican Sisters of Peace
the Peace Center in New Orleans founded
Led by Sr. Pat Thomas OP, a member of
$35 pre-register online at
9:00 a.m. – 2:30 p.m.

Rosaryville Spirit Life Center
Day of Prayer
Sandra Colomb 225-753-5750

view video clip
radio personality; visit AlbertOFM.org to
missionary, author, spiritual director and
Led by Fr. Albert Haase OFM,
7:00 – 8:00 p.m.

St. Patrick Church
the Cross Mission
Signed and Sealed with
Church office 225-753-7950
at stjeanvianney.org
9:00 a.m – 3:00 p.m., pre-register online
16166 S. Harrell’s Ferry Rd., Baton Rouge
St. Jean Vianney Church
Women’s Retreat
Christ Renews His Parish
7:00 – 9:00 p.m. silent prayer
6:00 – 7:00 p.m. family time

Rev. Tan Viet Nguyen 225-357-4800
7:30 p.m. Vietnamese
2305 Choctaw Dr., Baton Rouge
Le Van Phung Church
Retreats/Days of Reflection
Mrs. Bridget Fugarino 985-320-8498
7:30 a.m. – 11:00 a.m.

Led by Father Mark Beard, pastor of St.
$20
8:00 a.m. – 2:00 p.m.

601 N. Oak St., Hammond
Holy Ghost Church
Rosary Altar Society
Day of Reflection by the
Servants of the Precious Blood of Jesus
Led by Sandra Martin and the Marian
7:30 a.m. – 11:00 a.m.

Mary E. Herbert 225-567-3573

St. Paul the Apostle Church
3912 Gus Young Ave., Baton Rouge
6:00 p.m.
Meal following Mass
Church office 225-383-2537

St. Gertrude Majella Church
5354 Plank Road, Baton Rouge
6:00 p.m.
SEE SPIRITUALITY PAGE 6B

Life of a Modern Day Disciple Applying the Faith to Your Life Seminar
Given by Jeff Cavins
Catholic Evangelist, Author, Biblical Scholar, National and International Speaker and
Founding Member of EWTN
Saturday, March 24
Life of a Modern Day Disciple is a series of studies designed to help you
make real and lasting changes in your life. Through a prayerful reading of
Scripture, personal reflection and a commitment to action, you will grow
in faith and be given the means to practice these changes in you daily life.

Registration 7:30 – 8:45 a.m.
Seminar 9 a.m.– 3 p.m.
$60 includes seminar, continental breakfast and lunch provided.
Pre-registration is required and seating is limited.
Call today to reserve your seat 225-752-8480.

The Chapel of Divine Providence
Cypress Springs Mercedarian Prayer Center
17560 George O’Neal Road, Baton Rouge, LA 70817
STATIONS ▼
From page 2B

St. Margaret, Queen of Scotland, Albany
30900 Catholic Hall Rd., Hammond
3:30 – 6:00 p.m.
Mary E. Herbert 225-567-3573

St. Joseph Church
255 N. 8th St., Ponchatoula
1:45 p.m. with school children
6:00 p.m.
Terri Albert 985-386-3749
Free; donations accepted
Lenten meal
6:00 – 7:00 p.m. followed by lite
818 W. 10th St., Donaldsonville
St. Francis of Assisi Church
Parish office 225-753-7950
6:00 p.m.
Immaculate Conception Church
865 Hatchell Lane, Denham Springs
Following 6:00 p.m. Mass
Before 7:00 p.m. Mass March 16
225-665-5359
St. Mark Church
42021 Hwy. 621, Gonzales
8:30 a.m. following morning Mass
6:00 p.m.
Parish office 225-383-2537

Holy Rosary Church
44450 Hwy. 429, St. Amant
6:00 p.m.
Church office 225-647-5324

Most Blessed Sacrament Church
15615 Jefferson Hwy., Baton Rouge
6:00 p.m.
Kathy Duplessis 225-473-3176

St. Jean Vianney Church
16166 S. Harrell’s Ferry Rd., Baton Rouge
6:00 p.m.
St. Jean Vianney Church
Kathy Duplessis 225-752-6230
6:00 p.m.
Most Blessed Sacrament Church
Parish office 225-647-5324
6:00 p.m.
St. Paul the Apostle Church
3912 Gus Young Ave., Baton Rouge
6:00 p.m.
Parish office 225-383-2537

St. Elizabeth Church
119 LA Hwy. 403, Paincourtville
6:00 – 6:30 p.m.
Church office 225-753-7950

St. Helena Church
122 S. First St., Amite
6:00 p.m. followed by a meal
St. John the Evangelist Church
57805 Main St., Plaquemine
12:00 p.m.
6:00 p.m. Mass & stations
Marsha A. Dupont 225-687-2402

St. Mark Church
42021 Hwy. 621, Gonzales
8:30 a.m. following morning Mass
6:00 p.m.
Cecile Haley 225-647-8461
St. Paul the Apostle Church
3912 Gus Young Ave., Baton Rouge
6:00 p.m.

FEBRUARY 16, 23, MARCH 2, 9, 16, 23, 30
St. Elizabeth Church
119 LA Hwy. 403, Paincourtville
6:00 – 6:30 p.m.
St. Helena Church
122 S. First St., Amite
6:00 p.m. followed by a meal
St. John the Evangelist Church
57805 Main St., Plaquemine
12:00 p.m.
6:00 p.m. Mass & stations
Marsha A. Dupont 225-687-2402
Immaculate Conception Church
865 Hatchell Lane, Denham Springs
Following 6:00 p.m. Mass
Before 7:00 p.m. Mass March 16
225-665-5359
St. Mark Church
42021 Hwy. 621, Gonzales
8:30 a.m. following morning Mass
6:00 p.m.
Cecile Haley 225-647-8461
St. Paul the Apostle Church
3912 Gus Young Ave., Baton Rouge
6:00 p.m.
Parish office 225-383-2537

STATIONS ▼
From page 2B

St. Margaret, Queen of Scotland, Albany
30900 Catholic Hall Rd., Hammond
5:30 – 6:00 p.m.
Mary E. Herbert 225-567-3573

St. Joseph Church
255 N. 8th St., Ponchatoula
1:45 p.m. with school children
6:00 p.m.
Terri Albert 985-386-3749
Free; donations accepted
Lenten meal
6:00 – 7:00 p.m. followed by lite
818 W. 10th St., Donaldsonville
St. Francis of Assisi Church
Parish office 225-753-7950
6:00 p.m.
Immaculate Conception Church
865 Hatchell Lane, Denham Springs
Following 6:00 p.m. Mass
Before 7:00 p.m. Mass March 16
225-665-5359
St. Mark Church
42021 Hwy. 621, Gonzales
8:30 a.m. following morning Mass
6:00 p.m.
Parish office 225-383-2537

Holy Rosary Church
44450 Hwy. 429, St. Amant
6:00 p.m.
Church office 225-647-5324

Most Blessed Sacrament Church
15615 Jefferson Hwy., Baton Rouge
6:00 p.m.
Kathy Duplessis 225-752-6230

St. Jean Vianney Church
16166 S. Harrell’s Ferry Rd., Baton Rouge
6:00 – 6:30 p.m.
Church office 225-753-7950

FEBRUARY 20, 27, MARCH 6, 13, 20, 27
St. Benedict the Moor Church
5479 Hwy. 1, Napoleonville
5:00 p.m. following Mass
Jerry Williams 985-513-2528

FEBRUARY 21, 28, MARCH 7, 14, 21
St. John the Baptist Church
402 S. Kirkland Dr., Brusly
6:30 p.m.
Pat Durbin 225-749-2189
St. Augustine Church
174 LA Hwy. 1003, Klotzville
5:30 p.m.
Father Eliseus Ibeh
985-513-3474

FEBRUARY 23, MARCH 2, 9, 16, 23
Sacred Heart of Jesus Church
2250 Main St., Baton Rouge
2:00 p.m.
St. Gerard Church
5354 Plank Rd., Baton Rouge
12:00 p.m.

St. John the Evangelist Church
17521 Monitor Ave., Baton Rouge
2:00 p.m.
Emily Froeba
8:40 – 10:00 a.m.
17521 Monitor Ave., Baton Rouge
St. Michael High School Gym
Ordinary Auction
11:20 a.m. followed by Mass
5354 Plank Rd., Baton Rouge
St. Gerard Church
2:00 p.m.
Father Eliseus Ibeh
985-513-3474

FEBRUARY 29
Living Way of the Cross
St. Michael High School Gym
17521 Monitor Ave., Baton Rouge
8:40 – 10:00 a.m.
Emily Froeba
225-755-3618 Ext. 605

MARCH 30
The Passion of the Lord
St. Mark Church
42021 Hwy. 621, Gonzales
3:00 p.m. followed by Stations of the
Cross
225-647-8461
Youth Line Passion Play
St. Augustine Church
174 LA Hwy. 1003, Klotzville
3:00 p.m. followed by Good Friday
Service
Jerry Carter 225-323-1713
The Passion of Jesus
St. Paul the Apostle Church
3912 Gus Young Ave., Baton Rouge
3:00 p.m.
Parish Office 225-383-2537
Seven Last Words
St. Paul the Apostle Church
3912 Gus Young Ave., Baton Rouge
6:00 p.m.
Parish Office 225-383-2537
Good Friday Service
St. Anthony of Padua and
Le Van Phung Church
2305 Choctaw Dr., Baton Rouge
2 – 4:00 p.m. English
7:30 p.m. Vietnamese
Rev. Tan Viet Nguyen or
Veronica 225-357-4800
Good Friday Service
St. Joseph Church
225-647-8461
Following 3:00 p.m. Passion of the Lord
Cecile Haley 225-647-8461

FUNDRAISER ▼
From page 3B
Mass of the Last Supper
St. John the Evangelist Church
57805 Main St., Plaquemine
6:00 p.m.
Marsha A. Dupont 225-687-2402

MARCH 20
St. Mark Church
42021 Hwy. 621, Gonzales
Following 3:00 p.m. Passion of the Lord
Cecile Haley 225-647-8461

SPIRITUALITY ▼
From page 58
The Light is ON for YOU, sacrament of reconciliation

**FEBRUARY 19, 26, MARCH 5, 12, 26**

**St. Jean Vianney Church**
16166 S. Harrel's Ferry Rd., Baton Rouge
6:00 – 7:00 p.m.
3:00 – 6:15 p.m. (Mar. 26)
Church office 225-753-7950

**FEBRUARY 21**

**Holy Ghost Church**
601 North Oak St., Hammond
6:00 p.m. – 7:30 p.m.
985-345-3360

**FEBRUARY 21, MARCH 7, 14, 21**

**St. John the Evangelist Church**
57805 Main St., Plaquemine
6:00 – 7:00 p.m.
Marsha A. Dupont 225-687-2402

**FEBRUARY 23, MARCH 16**

**Holy Family Church**
474 N. Jefferson Ave., Port Allen
5:00 – 5:30 p.m.
Church office 225-383-1838

**FEBRUARY 28**

**St. Helena Church**
122 S. First St., Amite
6:00 – 7:30 p.m.
985-748-9057

**MARCH 1**

**Our Lady of Mount Carmel Church**
11485 Ferdinand St., St. Francisville
5:30 – 7:00 p.m.
225-635-3630/225-635-2344

**MARCH 7**

**St. Joseph Church**
255 N. 8th St., Ponchatoula
6:00 – 7:30 p.m.
985-386-3749

**MARCH 13**

**St. Mark Church**
42021 Hwy. 621, Gonzales
6:00 p.m.
Cecile Haley 225-647-8461

**MARCH 13 – 14**

**St. Anthony of Padua and Le Van Phung Church**
2305 Choctaw Dr., Baton Rouge
7:00 – 9:00 p.m.

**MARCH 14**

**St. Joseph Church**
15710 Hwy. 16, French Settlement
6:00 p.m.
225-698-3110

**MARCH 15**

**Our Lady of Pompeii Church**
14450 Hwy. 429, St. Amant
7:00 p.m.
225-647-5321

**MARCH 20**

**St. Jean Vianney Church**
16166 S. Harrel's Ferry Rd., Baton Rouge
7:00 p.m.
Church office 225-753-7950

**MARCH 20 & 27**

**Sacred Heart of Jesus Church**
2250 Main St., Baton Rouge
5:00 – 6:30 p.m.
Church office 225-387-6671

**MARCH 21**

**Mater Dolorosa Church**
609 Third St., Independence
6:00 – 7:30 p.m.
985-878-9639

**MARCH 22**

**St. Margaret, Queen of Scotland, Albany**
30300 Catholic Hall Rd., Hammond
6:00 – 8:00 p.m.
Mary E. Herbert 225-567-3573

**MARCH 30**

**St. Joseph Church**
255 N. 8th St., Ponchatoula
10:00 a.m.
Terri Albert 985-386-3749

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**Lenten breakfast treat**

**Glazed Cinnamon Raisin Biscuits**

Stella Patricia Steele LeBlanc, Immaculate Conception Church, Lakeland

2 cups self-rising flour
1/3 cup sugar or sugar free
1/2 cup raisins
1 tsp. cinnamon, ground
3/4 cup milk
1/4 cup oil


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**February 16, 2018**

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**February 16, 2018**

**The Catholic Commentator**
**Readers share their favorite Lenten recipes**

**Thin Spaghetti Aglio E Olio**  
(with oil and garlic)  
Ethel Boagni  
Our Lady of Mercy Church, Baton Rouge

- 1 lb. thin spaghetti  
- 5 Tbsp. olive oil  
- 6 – 7 cloves of garlic, peeled and sliced  
- 1/2 tsp. pepper flakes  
- 1 cup Italian parsley  
- 1 cup Parmigiano Reggiano

Boil spaghetti in salted water until tender but not soft. Save pasta water.

In a large skillet heat 3 tablespoons of olive oil over medium heat. Add garlic cooking until garlic is golden – about 2 minutes. Add crushed peppers, stir in 1 cup of pasta water, parsley and remaining oil.

Bring to a boil and add pasta with large fork or tongs. Cook until the consistency desired. Add extra olive oil and seasoning if necessary. Add cheese and serve.

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**Crawfish Fettuccini**  
Eleanor Mitchell  
St. Thomas More Church, Baton Rouge

- #4 pkg. noodles, boiled and drained  
- 1 large onion, chopped  
- 1 bell pepper, chopped  
- 3 garlic pods, chopped  
- 2 celery stalks, chopped  
- 1 stick margarine  
- 1 pint half and half  
- 1/4 cup flour  
- 1 lb. Velveeta cheese, cubed  
- Tony Chachere’s Seasoning  
- 1 lb. Louisiana crawfish  
- 1/2 cup walnuts, large dice  
- 1 cup of pasta water, parsley and remaining oil

Saute vegetables in margarine. Add flour, half and half, and crawfish. Season to taste with Tony’s. Pour over noodles in greased casserole dish. Bake at 350 degrees for 20 minutes.

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**Speedy Shrimp Creole**  
Stella Patricia Steele LeBlanc  
Immaculate Conception Church, Lakeland

- 1-20 oz. pkg. frozen seasoning  
- (blend of onion, peppers, parsley)  
- 1 cup mushrooms, fresh  
- 1-14 oz. Rotel tomatoes with liquid  
- 1 lb. shrimp, frozen, peeled, deveined  
- Hot pepper sauce  
- 1 bell pepper, chopped  
- 2 cups cabbage, shredded  
- 1 lb. crawfish tails or shrimp  
- 1 can Rotel tomatoes  
- 1 cup rice, uncooked  
- 1 cup water  
- 1 cup onions, chopped  
- 1/2 cup bell pepper, chopped  
- Garlic to taste

Cook and stir seasonings in skillet until tender. Add tomatoes and simmer 12-20 minutes. Add shrimp and a little hot sauce. Cook until shrimp turn pink. Serve over rice.

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**Cabbage Jambalaya**  
Camilla Lorio  
St. Alphonsus Church, Greenwell Springs

- 1 lb. shrimp, frozen, peeled, deveined  
- 1/2 cup bell pepper, chopped  
- 1/2 cup onion, sliced in rings  
- Hot pepper sauce

To serve: Lightly coat lettuce with dressing. Place fall leaves of lettuce, 2 or 3 around salad plate. Top with pickled onion rings, 2 or 3. Sprinkle with walnuts.

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**Best Salad Recipe**  
Ethel Boagni  
Our Lady of Mercy Church, Baton Rouge

- Butter)  
- 1/2 cup walnuts, large dice  
- Pickled onions  
- Maison Lacour salad dressing  
- For pickled onions:
  - 1/2 cup cider vinegar  
  - 1 cup water  
  - 1 Tbsp. sugar  
  - 1 1/2 tsp. salt  
  - 1 red onion, sliced in rings

Whisk first four ingredients until sugar and salt are dissolved. Taste for sweetness. Pour over onions in a jar or bowl. Let stand at room temperature for 1 hour. Drain onion rings before serving.

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**Ways You Can Help the Needy this Lenten Season!**

**Join Bishop Robert Muench, Chef John Folse and Father Cleo Milano at the 23rd Annual Count Your Blessings Supper**

**Friday, March 2, 2017 at 7:00 PM - Our Lady of Mercy Parish Activity Center**

Bishop Robert Muench and Chef John Folse are ready to Stir it Up! Come and Count Your Blessings with us. Join us for a simple Lenten supper of soup and bread – a meal that will nourish you physically and spiritually. This year’s Count Your Blessings Supper is scheduled for 7:00 p.m. on Friday, March 2nd, at Our Lady of Mercy’s Parish Activity Center. Order your tickets today using the order form below, or give us a call at (225) 383-7837, extension O. Tickets will also be available at the door. If you are unable to attend, please consider making a Count Your Blessings Lenten gift to St. Vincent de Paul to help in our work with God’s poor. Financial gifts can be mailed to: Count Your Blessings, P.O. Box 127, Baton Rouge, LA 70821-0127, or made online at www.svdpbr.org.

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**Build A Basket For Needy Kids**

When families are struggling to exist on minimum-wage incomes, just paying the rent and putting food on the table is difficult. Needy children learn at an early age that there’s nothing in the budget for extras. Things like Easter baskets are luxuries their families simply cannot afford. Join St. Vincent de Paul in providing Easter baskets for needy children. To find out how you can help with this year’s Build a Basket effort, call us at (225) 383-7837, ext. O or visit us at svdpbr.org.

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**Fill a Prescription for the Needy**

**You Can Answer a Prayer and Save a Life Today!**

Join WBRZ-Channel 2, Pat Shingleton, the Baton Rouge Clinic and St. Vincent de Paul in filling prescriptions for the needy. Retail prices for brand name and generic prescription drugs have risen greatly in the past year. Our St. Vincent de Paul Community Pharmacy provides a solution for low-income individuals who cannot keep pace with the rising cost of prescription medicine. We are seeing more people who are breaking tablets in half and skipping doses of life-sustaining medicines in a desperate attempt to make ends meet. For more details on how you can save someone’s life by filling a prescription, visit our website at www.svdpbr.org.